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As of this writing it has been 16 years since the last book. What do a retired/retired CAPT and his wife do with themselves? The children have moved on so we are so called empty nesters which really only means the children no longer live with us full time. We are still in the same house with four bedrooms, three full baths and everything else that goes therewith. We've looked at retirement homes and decided that if we can possibly manage to do so we'll stay right where we are thank you. We do a fair amount of church work and volunteer at ECHO (Ecumenical Community Helping Others) a group of 25 local area churches which runs a program to help those in need with clothing, all forms of home needs, food, and financial assistance with doctor bills, rent, and utility bills (no money changes hands except from ECHO to the utility company, landlord or doctor). This is all donated by the congregations. Since Betty and I are our church's representatives to ECHO we spend a good bit of time transporting donations of food, clothing and house wares, including computers, from the church to ECHO. We do this in a 20 year old Toyota Cressida station wagon. On July 4th we will go camping with our children and grandchildren in WV on property our son owns. We also join friends and classmates at the Kennedy Center, at lunch and other events. We have traveled to Europe, the Caribbean, the Panama Canal, Alaska and so on. We are scheduled to go to St Petersburg and Moscow this coming Aug (06). There are times when we ask ourselves, how did I find time to go to the office?

The bottom line of all the above is, we are enjoying ourselves tremendously and plan to continue doing so.



